

THE GENERAL'S CANTEEN

★
At Mount Vernon

DIETARY & ALLERGEN INFORMATION

We are nut, dairy, and soy-tolerant at The General's Canteen. Please note that due to the shared environment, we cannot guarantee a completely allergen-free space. However, we are fully committed to doing everything we can to reduce risks and accommodate dietary restrictions with care and diligence.

Peanut Oil	We do not use peanut oil to fry any of our foods.
Tree Nuts	Some sandwiches contain tree nuts; these are prepared separately to reduce the risk of cross-contamination.
Bread Products	We cannot guarantee the absence of cross-contamination during commercial baking and packaging.
Prepackaged Items	We offer prepackaged nuts and candies that may contain or be processed with nuts.

VEGETARIAN & VEGAN OPTIONS

Southwest Veggie Burger (vegetarian)
Personal Cheese Pizza (vegetarian)
Caesar Salad (vegetarian)
Garden Salad (vegetarian & vegan)
Greek Salad (vegetarian)
Veggie Wrap (vegetarian & vegan)

GLUTEN-FREE OPTIONS

100% All-Beef Hot Dog (no bun)
Grilled Chicken Sandwich (gluten-free bun available)
Grilled Chicken Nuggets
Gluten-Free Pizza
Garden Salad
Veggie Wrap
Caprese Salad
Caesar Salad (served without croutons)

EGG-FREE OPTIONS

Fried Chicken Tenders
Grilled Chicken Breast
100% All-Beef Hot Dog (no bun)

SOY-FREE OPTIONS

Fried Chicken Tenders
Grilled Chicken Breast
100% All-Beef Hot Dog (no bun)

DAIRY-FREE OPTIONS

Grilled Chicken Breast
100% All-Beef Hot Dog (no bun)
Grilled Chicken Nuggets
Veggie Wrap

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THE GENERAL'S CANTEEN LUNCHES

GROUP TO-GO LUNCHES

\$15 per person (includes tax);

These are to-go lunches and are picked up by groups at a specified time between 11:30 a.m. and 4:30 p.m. at The General's Canteen.

Napkins, utensils, and condiments are included in each box, and trash bags are provided.

Please choose up to three types of sandwiches and specify the number of each type.

GROUP TO-GO LUNCH OPTIONS

All lunches include fruit, bag of Lay's potato chips, cookie and 16oz water

Turkey Sandwich

Turkey, provolone cheese, lettuce and tomato

Ham Sandwich

Ham, cheddar cheese, lettuce and tomato

Club Sandwich Wrap

Turkey, ham, bacon, cheese, lettuce, and tomato in a tortilla wrap

Veggie Wrap

Cucumber, radish, alfalfa sprouts, red pepper, green pepper, lettuce, tomato, and cream cheese in a tortilla filling

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THE GENERAL'S CANTEEN LUNCHES

STUDENT LUNCH

Student lunches are available for all students ages 12 and younger

\$9 per student

Fried Chicken Tenders

French Fries

Apple

Fountain Drink (unlimited refills)

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THE GENERAL'S CANTEEN BREAKFAST BUFFETS

**To book a breakfast buffet in The General's Canteen,
the following is required:**

Breakfast buffets can be booked as early as 7 a.m. and as late as 9 a.m.
from March 14 through June 19. Outside of this window, buffets can be booked
as early as 8 a.m. and as late as 9 a.m.

\$12.50 per person;

2-week advance notice is required;

50 person minimum with a 200 maximum capacity;

Seating every hour (times subject to availability).

MENUS & OFFERINGS

Scrambled eggs

Pork sausage links

Fresh fruit salad

grapes, strawberries, oranges, and blackberries

Wheat French toast sticks

Fruit Danishes

Variety of General Mills cereals:

Frosted Flakes, Corn Flakes, Rice Krispies, Raisin Bran, & Mini Wheats

BEVERAGES

Illy Italian Roast Coffee

Orange Juice

2% Milk

Cranberry Juice

Grape Juice

GEORGE WASHINGTON'S
MOUNT ★ VERNON

THE MOUNT VERNON LADIES' ASSOCIATION

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GROUP MEAL PASSES

Meal pass plans are only valid for use in The General's Canteen and are not applicable at the Mount Vernon Inn Restaurant or any other on-site concessions. A minimum of 14 business days advance notice is required to arrange meal pass plans. Seating is available on a first-come, first-served basis.



Red Meal Pass | \$15 (Taxes Included)

Includes a fountain drink and your choice of fries, chips or fruit

Choice of One Entree

- Smash burger or smash cheeseburger
- Hot dog
- Chicken tenders
- Personal cheese or pepperoni pizza
- Caesar salad or garden salad
- Veggie wrap



Gold Meal Pass | \$18 (Taxes Included)

Includes a fountain drink, two cookies and your choice of fries, chips or fruit

Choice of One Entree

- All entrees on Red Meal plan above
- Grilled chicken sandwich
- Grilled chicken nuggets
- BBQ pork sandwich
- All cold deli sandwiches
- All salad options