

W-750

Mount Vernon

To make a great Cake

Take 4 eggs & divide the whites from the yolks & beat
them in a bowl with a spoon & 4 pounds of butter to a cream &
put the whites of eggs to it a spoon full at a time till it
is well work'd then put 4 pounds of sugar finely powdered to
it in the same manner then put in the yolks of eggs & 5
pounds of flower & 5 ^{pounds} of fruit. 2 hours will bake it add
to it half an ounce of mace Nutmeg half a pint of wine & some
french brandy.

This was wrote by Martha Custis.
for her Grandmama

PRIMARY SOURCE

A GREAT CAKE RECIPE

To make a great Cake

Take 40 eggs and divide the whites from the yolks and beat them until froth
Then work 4 pounds of butter to a cream and put the whites of eggs to it a spoon full at a time till
it is well worked
Then put 4 pounds of sugar finely powdered to it in the same manner
Then put in the yolks of eggs and 5 pounds of flower [flour] and 5 pounds of fruit
2 hours will bake it
Add to it half an ounce of mace and nutmeg, half a pint of wine, and some French brandy

This was wrote by Martha Custis for her Grandmama [Martha Washington]